



Navigate Supported Independent Living with Confidence:

7 Steps to Success!



1. **Check Your Eligibility:** To receive SIL funding through the NDIS, you must be: 18 years or older, and have significant support needs that require help throughout the day and possibly overnight.
2. **Request a Plan Review:** You'll need to contact the NDIA (National Disability Insurance Agency) and request a Plan Review. Make sure your NDIS plan includes a goal to explore Home and Living options (SIL).
3. **Include the Right Goal in Your Plan:** When preparing for your plan review or new plan meeting, ensure you clearly state a goal like: exploring different home and living options to support your independence. This ensures your planner understands your intention to seek SIL and provides a basis for including it in your NDIS funding.
4. **Gather Supporting Evidence:** Work with your Occupational Therapist (OT) to obtain a SIL-specific Functional Assessment Report, along with any other relevant documentation.
5. **Submit Your Application:** With all your evidence gathered, submit it to the NDIA along with: A Change of Situation Form (if your circumstances have changed), or A Plan Review Request Form. The NDIA will assess whether SIL support is necessary based on your functional needs, goals, and support environment.
6. **Explore SIL Providers.** Once SIL funding is approved, start looking for your preferred SIL provider. It is important to explore providers that align with your needs, values, and goals.
7. **Visit and Connect:** Take the time to visit potential SIL homes and meet with staff and other house mates. Consider accessibility and suitability of the house - compatibility with other residents and location in terms of community access, family proximity, and lifestyle. Feeling comfortable and supported in your (SIL) home environment is vital for long-term success and wellbeing.

Liz, NDIS Auditor - April 2025: "I'm blown away! You have such a diverse population, and I can see that. I was excited to see the first provider that I've audited do diversity so well. If this is the future of care for people, we are very much in a good space and you should be congratulated for that. You have great staff. The SIL homes I went to just felt like someone's home; it didn't feel like an institution, which some providers have that feels very clinical. I honestly felt like I could take my shoes off, put my feet up on the couch and have a chat. Great culture!"



REGISTERED
NDIS
PROVIDER



www.holistic Horizons.com.au

experience a world of possibilities